

INGREDIENTS

CODE **S226**

Gentian 4:1-30mg, Chamomile 4:1-30mg, Skullcap 4:1-30mg, Hops 4:1-30mg, Valerian 5:1-24mg, Ginger 6mg (5% Gingerols), Dicalcium Phosphate, Microcrystalline Cellulose, Magnesium Stearate.

AUTODESPATCH

Save 10% by having your supplements conveniently scheduled and delivered automatically.

SAME DAY DESPATCH

We will ensure your order is despatched on the day of receipt (before 12.30pm) and that all orders after 12.30pm are despatched within 24 hours. All sent 1st class!

Simply Supplements

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Freephone Orderline: 0800 988 0292
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SimplySupplements™

Valerian Complex

**BUY ONE GET ONE FREE
ON EVERYTHING!**

60 Tablets

DIRECTIONS

Take one to two tablets daily preferably with a meal or as directed by a healthcare professional. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Suitable for Vegetarians.

Pregnant or Lactating women should consult a Doctor before using this product. This product should not be used as a substitute for a varied diet.

Caution: If under medical supervision please consult a doctor before use. Discontinue use if adverse reactions occur

May cause drowsiness that can persist the following day. If affected do not drive or operate machinery. Avoid alcoholic drink.

**PRICE
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GUARANTEE!**

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