

HOLISTIC TREATMENT

SUGGESTED USE: Take 2-4 capsules daily to help relieve anxiety and 4-6 capsules to support a good night's rest.

HYPOALLERGENIC: Contains no artificial color, flavors or preservatives.

If you are pregnant or breastfeeding, consult your healthcare professional prior to using this product. **Keep out of reach of children. Do not use if outer seal is broken.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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ANTI ANXIETY SLEEP FORMULA

Supplement Facts

Serving Size: 3 capsules

Servings Per Container: 60

Amount Per Serving	% DV
Vitamin B6 (as Pyridoxal 5' phosphate & Pyridoxine HCl)	60 mg 3000%
Magnesium (as taurate)	13 mg 3%
Proprietary Blend 1700 mg	*
L-Tryptophan, GABA, Valerian Root, Valerian Root Ext 4:1, Chamomile Flower, Lemon Balm Leaf, Skullcap Aerial Parts, Passion Flower and Melatonin	

* Daily Value not established

Other ingredients: Capsule (gelatin) and magnesium stearate

Caution: Individuals with auto-immune conditions, depressive disorders, or those taking sedatives or corticosteroid drugs; those who are under medical supervision, or pregnant or lactating women, should consult their healthcare professional prior to use. This product should NOT be taken with any anti-depressant drug or SSRI re-uptake migraine drug or MAO inhibitors. This product may cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of melatonin.

MANUFACTURED IN A GMP COMPLIANT FACILITY

Dietary Supplement | 180 CAPSULES