SUGGESTED USE: Take 1 cap as needed. Repeat every 30 minutes to help facilitate deep healthy sleep.





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Keep out of the reach of children.

"These statements have not been evaluated by the FDA. This diagnose, cure freat or prevent any disease

100% Gluten Free

Manufactured for Woodstock Apothecary 79 Tinker Street Woodstock, NY 12498

100% Vegetarian

## VALERIAN

Supports Deep Sleep '

HERBAL SUPPLEMENT 90 Veggie Caps

Supplement Facts Serving Size 1 Veggie Cap Servings Per Container 90

Amount Per Serving

500 mg \* Organic Valerian Root (Valeriana officinalis)

Daily Value Not Established

OTHER INGREDIENTS: Modified Vegetable Cellulose