

**SUGGESTED USE:**  
30-60 drops in water or  
juice, 2-3 times daily, or  
as needed.

**WARNING:**  
Keep out of the  
reach of children.

Shake well before  
using.

Rev. 091001

Manufactured for:  
Woodstock Apothecary  
79 Tinker Street  
Woodstock, NY 12491



# VALERIAN

**HERBAL SUPPLEMENT**  
1 fl oz (30 ml)

**Supplement Facts**  
Serving Size 30 Drops (1 ml)  
Servings Per Container 30

Amount Per Serving 500 mg  
Herb Weight Equivalence

Certified Organic \*  
Fresh and Dry  
Valerian Root  
(*Valeriana officinalis*)

Herb Strength Ratio 1:2

\*Daily Value Not Established

**OTHER INGREDIENTS:** Grain  
Alcohol (65-75% by volume),  
Deionized Water