#### PRODUCT INFORMATION: Four capsules typically provide: Vitamin E (30iu) 20 %NRV\* 20mg α-TE 166 Thiamin (vitamin B1) 4.4mg 400 Vitamin B6 (pyridoxine HCI) 10mg Folic Acid 100 200µg 16,000 Vitamin B12 400µg Tri-methylglycine 1200mg 480mg Arginine 160mg Carnitine Bromelain 60mg

## \*NRV = Nutrient Reference Value

### INGREDIENTS:

Co-enzyme Q10

Betaine anhydrous, I-arginine HCI, capsule: hydroxypropyl methylcellulose (colour: red iron oxide; colour: titanium dioxide)\*; I-carnitine I-tartrate, bulking agent: microcrystalline cellulose; bromelain (carrier: potato maltodextrin); co-enzyme Q10, d-alpha tocopheryl succinate, anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate\*; pyridoxine HCI, thiamin HCI methylcobalamin, folic acid. \*(vegetarian source)

### DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, sugar, wheat, yeast.

This product is not tested on animals.



# CARDIO HEART NUTRIENTS WITH B VITAMINS

ULTIMATE NUTRITION

FOOD SUPPLEMENT

120 capsules

# CARDIO HEART NUTRIENTS

- √Thiamin contributes to the normal function of the heart
- √Folate, vitamins B6 and B12 contribute to normal blood formation.

### DIRECTIONS:

Adults take 2 capsules twice a day, 30 minutes before meals or 2 hours after meals or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

### WARNING:

Herpes Simplex (cold sores) sufferers are advised to consult their health professional before taking this product.

### STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

Higher Nature, Burwash Common, East Sussex, TN19 7LX, UK www.highemature.com



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