

HOLISTIC TREATMENT

SUGGESTED USE: Take 1-2 capsules once or twice daily or as otherwise directed. Start with one capsule per day, increasing dosage up to 4 capsules daily as needed. Do not exceed the recommended dose.

HYPOALLERGENIC: Contains no artificial color, flavors or preservatives.

WARNING: In some people, nausea, headaches, nasal congestion, or constipation may occur. If these symptoms occur, lower the dose, or spread the dose throughout the day. Discontinue use if any of these symptoms persist for more than three days. If you are pregnant, may become pregnant, or breastfeeding, taking prescription medication such as antidepressant SSRI's, MAO inhibitors or sedatives, or if you have heart disease, consult your physician before using this product.

Keep out of reach of children. Do not use if outer seal is broken.

Holistic Healing Center
1590 NE 162nd Street Ste #400
North Miami Beach, Florida 33162
Ph: 305-919-7877 www.holistichealing.com



5-HTP L-5-HYDROXYTRYPTOPHAN

MOOD ENHANCEMENT*

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 120

Amount Per Serving		% DV
5HTP	50 mg	*
* Daily Value not established		

Other ingredients: Gelatin (capsule), Rice Flour, cellulose and magnesium stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MANUFACTURED IN A GMP COMPLIANT FACILITY

Dietary Supplement | 120 CAPSULES