

PRODUCT INFORMATION:

One rounded teaspoon (6.1g) typically provides:	%NRV*
Magnesium	16
as carbonate 200mg	58mg
Sodium	626.4mg
as bicarbonate 2320mg	
Potassium	68
as bicarbonate 3480mg	1357.2mg

*NRV – Nutrient Reference Value

INGREDIENTS:

Potassium bicarbonate, sodium bicarbonate, magnesium carbonate.

WARNING:

Consult your health professional if you have high blood pressure, fluid retention or a kidney disorder.

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, soya, starch, sugar, wheat, yeast.

Suitable for vegetarians and vegans.

This product is not tested on animals.



higher nature



ALKA CLEAR DRINK

NATURAL ALKALINITY

ULTIMATE NUTRITION

FOOD SUPPLEMENT

250g

ALKA CLEAR

DIRECTIONS:

Shake well before use. Stir 1 rounded tsp into a glass of water, and take on rising or sip throughout the day, or as your health professional advises. Do not take more than 3 teaspoonfuls a day. Do not exceed recommended daily intake. Avoid eating within half an hour after taking. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

TO CHECK YOUR pH:

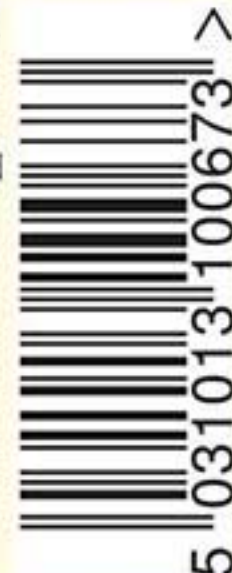
- Use test papers provided, every other day.
- Test your evening urine.
- Compare the colour against the chart inside the cover of test strip book.
- Normal evening urine pH is between 7.5-8.0.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

Higher Nature, Burwash Common, East Sussex,
TN19 7LX, UK www.highernature.com

ACP250
115



ACP-003-02