

Each packet contains: 1 PhytoMulti® tablet (green), 1 OmegaGenics® EPA-DHA 720 softgel (yellow), and 1 D₃ 1000™ tablet (white).

Directions: Take one packet twice daily with food or as directed by your healthcare practitioner.

Warning: Do not use if pregnant or nursing. Excess vitamin A may increase the risk for birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day.

Caution: If taking medications consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep in a cool, dry place.

Products included in the packets are non-GMO and gluten-free.

Healthy Transformation Advanced Nutrition

Twice-daily packets formulated to support your nutritional needs and help maintain overall health.*

Each packet provides:

Multifaceted health support: PhytoMulti® takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness.*

Immune and bone health support: D₃ 1000™ features 25 mcg (1,000 IU) of vitamin D₃ per tablet—the most bioactive form of supplemental vitamin D.

Cardiovascular health support, immune system health support and general wellness support: OmegaGenics® EPA-DHA 720 features a concentrated, purified source of omega-3 fatty acids from sustainably sourced, cold-water fish for general wellness and advanced support.*



Healthy Transformation
Advanced Nutrition

PRACTITIONER EXCLUSIVE

Gluten-Free

Dietary Supplement
60 PACKETS

Non-GMO

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Experience a Healthy Transformation

This program has been recommended by your healthcare provider to guide you on the path to better health. Inside you'll find a program guide and targeted nutritional support.

The Metagenics Difference

- Research-based formulas and scientifically designed food plans
- Online program support tools

For more information, visit **Metagenics.com**

Supplement Facts

Serving Size 1 Packet

Amount Per Packet		%Daily Value	Amount Per Packet		%Daily Value
Calories	10		Molybdenum (as molybdenum aspartate complex)	25 mcg	56%
Total Fat	1 g	1%*	Marine Lipid Concentrate	1.25 g	**
Cholesterol	Less than 5 mg	<2%	EPA (Eicosapentaenoic acid)	430 mg	**
Vitamin A (from mixed carotenoids and retinyl acetate)	1,500 mcg	167%	DHA (Docosahexaenoic acid)	290 mg	**
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg	67%	Other Omega-3 Fatty Acids	80 mg	**
Vitamin D (as cholecalciferol)	37.5 mcg (1,500 IU)	188%	Proprietary Phytonutrient Blend of:	200 mg	**
Vitamin E (as d-alpha tocopheryl succinate)	33.5 mg	223%	Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 21.6 mg gallic acid equivalent (GAE)], grape seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]		
Vitamin K (as phytonadione USP)	60 mcg	50%	Myo-Inositol	12.5 mg	**
Thiamin (as thiamin mononitrate)	12.5 mg	1,042%	Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg	**
Riboflavin	7.5 mg	577%	Lutein	3 mg	**
Niacin (as niacinamide and niacin)	25 mg	156%	Lycopene	3 mg	**
Vitamin B ₆ (as pyridoxine HCl)	12.5 mg	735%	Zeaxanthin	1 mg	**
Folate (as calcium L-5-methyltetrahydrofolate)†	680 mcg DFE	170%			
Vitamin B ₁₂ (as methylcobalamin)	100 mcg	4,167%	*Percent Daily Values are based on a 2,000 calorie diet.		
Biotin	250 mcg	833%	** Daily Value not established		
Pantothenic Acid (as calcium D-pantothenate)	37.5 mg	750%			
Choline (as choline bitartrate)	12.5 mg	2%			
Iodine (as potassium iodide)	75 mcg	50%			
Magnesium (as magnesium citrate)	20 mg	5%			
Zinc (as zinc citrate)	7.5 mg	68%			
Selenium (as selenium aspartate)	50 mcg	91%			
Copper (as copper citrate)	0.5 mg	56%			
Manganese (as manganese citrate)	0.25 mg	11%			
Chromium (as chromium polynicotinate)	100 mcg	286%			

PhytoMulti®:
Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].

OmegaGenics® EPA-DHA 720:
Ingredients: Marine lipid concentrate (fish (sardine, anchovy, and mackerel) oil), softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavor, natural lime favor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (sardine, anchovy, and mackerel).**

D₃ 1000™:
Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), and silica.

DISTRIBUTED BY:
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