

Ketogenic Collagen

Featuring MCT, pumpkin seed protein, and gum acacia



vanilla flavor
with other natural flavors

PRACTITIONER EXCLUSIVE

Gluten-Free

Dietary Supplement
NET WT. 1 lb 2.03 oz (18.03 oz) (511 g)

Non-GMO

Supplement Facts

Serving Size 2 Scoops (36.5 g) Servings Per Container 14		
	Amount Per Serving	% Daily Value
Calories	200	
Total Fat	15	19%*
Saturated Fat	6 g	30%*
Polyunsaturated Fat	1 g	**
Monounsaturated Fat	7 g	**
Total Carbohydrate	9 g	3%*
Protein	10 g	12%*
Vitamin A (as retinyl palmitate)	370 mcg	41%
Vitamin C (as ascorbic acid)	30 mg	33%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acetate)	5 mg	33%
Thiamin (as thiamin HCl)	0.37 mg	31%
Riboflavin	0.42 mg	32%
Niacin (from niacinamide)	6 mg	38%
Vitamin B ₆ (as pyridoxine HCl)	0.5 mg	29%
Folate (as calcium L-5-methyltetrahydrofolate) [†]	305 mcg DFE	76%
Vitamin B ₁₂ (as methylcobalamin)	1.5 mcg	63%
Biotin	75 mcg	250%
Pantothenic Acid (as calcium D-pantothenate)	2.5 mg	50%
Iron	1.5 mg	8%
Iodine (as potassium iodide)	37 mcg	25%
Zinc (as zinc gluconate)	11.2 mg	102%
Selenium (as selenomethionine)	52 mcg	95%
Copper (as copper gluconate)	1.5 mg	167%
Manganese (as manganese gluconate)	2 mg	87%
Chromium (as chromium picolinate)	120 mcg	343%
Sodium	130 mg	6%
Potassium	260 mg	6%
Hydrolyzed Type I and Type III Collagen (bovine)	6 g	**
Medium-Chain Triglyceride Oil (MCT)	5 g	**
*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.		

Other Ingredients: Organic pumpkin seed protein, high oleic sunflower oil, gum acacia, natural flavors^{††}, and Luo Han Guo fruit (monk fruit) extract.

MANUFACTURED BY: METAGENICS
GIG HARBOR, WA 98332
800 692 9400 • METAGENICS.COM

Featuring a sugar-free formula!^{†††}

Not a low calorie food

Wellness never tasted so good.

Ketogenic Collagen is formulated to exclude dairy, lactose, soy, wheat, gluten, and is keto- and paleo-friendly. Not only does it have a 70:20:10 ratio of fat, protein, and carbohydrates, it also contains grass-fed[‡] and pasture-raised collagen peptides types I and III to support skin, nails, bones, and joint health.* Features MCTs for a convenient, multifaceted approach to a ketogenic lifestyle.

Benefits of Collagen and MCT * (per 2 servings)

Ingredient	Amount	Benefits
Collagen	12 g	• Supports skin health and reduces the appearance of eye wrinkles* • Increases nail growth* • Helps improve brittle nails* • Increases bone density in post-menopausal women* • Extracellular matrix/cartilage support* • Promotes collagen production by providing precursors for synthesis* • Joint support*
MCT	10 g	• Increase circulating ketone levels* • Support increased postmeal satiety*

Directions: Take 1 serving 1-2 times daily or as directed by your healthcare practitioner. Blend, shake or briskly stir 2 scoops (36.5 g) of Ketogenic Collagen into 8 fluid ounces of chilled water.

This product is non-GMO and gluten-free.

Caution: Keep out of reach of children. This product is not intended to be used with a standard diet. For best results, should be used with a ketogenic diet and exercise program. Consult your healthcare provider before use.

Tamper Evident: Do not use if package is torn or open.

Storage: Keep closed in a cool, dry place.

[†]As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany
^{††}No MSG
^{†††}Vitamin/mineral premix adds a trivial amount of sugar
[‡]Predominantly grass-fed

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

