

Formulated and Clinically Tested by

Dr. Isaac Eliaz

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Women's Longevity® Rhythms Gold is specially formulated to meet women's nutritional needs during and after menopause. This powerful blend of herbs, antioxidants, vitamins, and nutrients supports a woman's body and its changing rhythms. The formula is designed to provide nutritional support for bones and joints, cardiovascular health, energy and metabolism, and to promote healthy hormonal balance.*

- Supports and promotes daily wellness*
- Designed for use during and after menopause*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



WARNING: Reproductive Harm – www.P65Warnings.ca.gov/food.

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Women's Longevity® Rhythms Gold

Supports Comprehensive Wellness*

**Dietary
Supplement**

240 Vegetarian
Capsules



Suggested Use: As a dietary supplement, take 4 capsules with food twice daily, or as directed by your healthcare practitioner. **Allergen Warning:** May contain ingredients derived from shellfish (shrimp, crab), wheat and soy.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 60

Amount Per Serving	% Daily Value**	Amount Per Serving	% Daily Value**
Vitamin A (as betatene, palmitate)	2500 IU 50%	Vitality, Metabolic and Endocrine Support Blend	581 mg †
Vitamin C (as ascorbic acid, calcium ascorbate, magnesium ascorbate)	250 mg 417%	Dong Quai Root Extract (<i>Angelica sinensis</i>), Rehmannia Six Formula (<i>Liu Wei</i>), <i>Ganoderma lucidum</i> , <i>Cordyceps sinensis</i> isolate, Chinese Yam Rhizome Extract (<i>Dioscorea oppositifolia</i>), Royal Jelly, Chinese Hawthorn Fruit Extract (<i>Crataegus cuneata</i>), Chinese Motherwort Herb Extract (<i>Leonurus japonica</i>), <i>Schizophyllum</i> , Black Cohosh Root (<i>Actaea racemosa</i>), Saw Palmetto Fruit Extract (<i>Serenoa repens</i>), Asian Ginseng Root (<i>Panax ginseng</i>), Oat Fiber (<i>Avena sativa</i>), Damiana Flower Extract (<i>Turnera diffusa</i>), Suma Root Extract (<i>Puffia paniculata</i>), Ginkgo Leaf (<i>Ginkgo biloba</i>), Licorice Root Extract (<i>Glycyrrhiza glabra</i>), CoEnzyme Q10	
Vitamin D-3 (as cholecalciferol)	500 IU 125%	Anti-Oxidant Blend	83 mg †
Vitamin E (as D-alpha-tocopheryl acid succinate)	20 IU 67%	Choline, Hesperidin, Inositol, Cranberry Fruit Extract (<i>Vaccinium macrocarpon</i>), Resveratrol (<i>Polygonum cuspidatum</i> root extract)	
Thiamine (as Thiamine Hydrochloride)	25 mg 1667%	Detox and Liver Support Blend	80 mg †
Riboflavin (as riboflavin 5'-phosphate)	10 mg 588%	Taurine, N-Acetyl Cysteine, Peony Root Extract (<i>Paeonia lactiflora</i>), Burdock Root Extract (<i>Arctium lappa</i>)	
Niacin (as niacinamide)	75 mg 375%	Bone Support Blend	60 mg †
Vitamin B6 (as pyridoxine Hydrochloride, pyridoxal-5'-phosphate)	26 mg 1300%	Chaste Tree Fruit Extract (<i>Vitex agnus-castus</i>), Glucosamine (as Glucosamine sulfate), Horsetail Herb (<i>Equisetum arvense</i>)	
Folate (as folic acid)	200 mcg 50%	Mixed Tocopherols	40 mg †
Vitamin B12 (as methylcobalamin)	50 mcg 833%	Boron (as amino acid chelate)	38 mcg †
Biotin	150 mcg 50%		
Pantothenic Acid (as di-calcium pantothenate)	25 mg 250%		
Calcium (as carbonate, citrate, hydroxyapatite, aspartate, ascorbate, di-calcium pantothenate)	160 mg 16%		
Iodine (as Kelp powder, Ocean harvested)	125 mcg 83%		
Magnesium (as oxide, citrate, aspartate, ascorbate)	158 mg 40%		
Zinc (as citrate)	7.5 mg 50%		
Selenium (as selenomethionine)	100 mcg 143%		
Manganese (as Manganese sulfate)	0.5 mg 25%		
Chromium (as Chromium picolinate)	60 mcg 50%		
Molybdenum (as Molybdenum glycinate Chelate)	38 mcg 51%		

Other Ingredients: Vegetarian capsule (hypromellose, water), microcrystalline cellulose, magnesium stearate, silicon dioxide.



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Manufactured in the U.S.A.