



AYURVEDIC HERBS

Punarnavadi Guggulu

Kapha Balancing Formula
for the Kidneys, Heart, and Joints*



90 Tablets
Dietary Supplement

Certified Organic

Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 45

Amount
Per Serving

Proprietary Blend

600mg**

Guggul resin (Guggulu) *Commiphora mukul+*, **Ginger root** *Zingiber officinale+*, **Boerhavia root (Punarnava)** *Boerhavia diffusa+*, **Castor root & oil** *Ricinus communis+*, **Indian Jalap root** *Operculina turpethum+*, **Amla fruit (Amalaki)** *Emblica officinalis+*, **Long Pepper fruit (Pippali)** *Piper longum+*, **Black Pepper fruit** *Piper nigrum+*, **Ceylon Leadwort root (Chitrak)** *Plumbago zeylanica+*, **Marking-nut Tree fruit** *Semecarpus anacardium+*, **Belleric Myrobalan fruit (Bibhitaki)** *Terminalia belerica+*, **Chebulic Myrobalan fruit (Haritaki)** *Terminalia chebula+*, **Indian Tinospora stem (Guduchi)** *Tinospora cordifolia+*, **Baliospermum root** *Baliospermum montanum+*

**Daily Value not established

Other ingredients, from natural sources: organic maltodextrin, organic rice flour, silicon dioxide.

+Certified Organic

Suggested Use: Take 1–2 tablets, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place. Do not use if seal is broken or missing. Free of gluten, soy, and dairy. 100% vegetarian.

1-800-953-6424 banyanbotanicals.com



Distributed by
Banyan Botanicals
Albuquerque, NM 87113

Certified Organic by
New Mexico Department
of Agriculture

