

RegeneRest® is a unique blend of nutrients and botanicals formulated to calm and relax while promoting restful, deep sleep. Research has shown that disruptions to the circadian rhythm can have negative effects on mental and physical health.* RegeneRest® is fortified with melatonin and GABA support botanicals to promote gentle, non-habit forming restorative sleep while resetting circadian rhythms to provide a refreshing, rejuvenated feeling upon waking.*

- Promotes Restful Sleep and Daily Restoration*
- Promotes Natural Circadian Rhythms*

RegeneRest® is Vegan/Vegetarian Safe, Gluten-free and Non-GMO

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

 **WARNING:** Reproductive Harm – www.P65Warnings.ca.gov/food.



CLINICAL SYNERGY®

PROFESSIONAL FORMULAS

RegeneRest®

Formulated to Promote Restful Sleep
and Daily Restoration*

DIETARY SUPPLEMENT

60 Vegetarian
Capsules

Suggested Use: As a dietary supplement, take 2 capsules at bedtime, or as recommended by your healthcare practitioner.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Niacin (as Niacinamide)	50mg	250%
Vitamin B6 (as Pyridoxal-5-Phosphate)	4mg	200%
Calcium (as Calcium Citrate)	20mg	2%
Magnesium (as Magnesium Citrate)	100mg	25%
GABA Herbal Support for Relaxation and Sleep Proprietary Blend	410mg	†
Lemon Balm Herb Extract (<i>Melissa officinalis</i>), Passionflower Herb Extract (<i>Passiflora incarnata</i>), L-Tryptophan, L-Theanine, HonoPure® (98% Honokiol Extract from <i>Magnolia officinalis</i> Bark)		
Traditional Asian Regenerative Sleep Proprietary Blend	240mg	†
White Peony Root (<i>Paeonia lactiflora</i>), Fo-Ti Stem (<i>Polygonum multiflorum</i>), Grass-leaf Sweetflag rhizome (<i>Acorus gramineus</i>), Silk Tree Bark (<i>Abizia julibrissin</i>), Sacred Lotus Seed Sprout (<i>Nelumbo nucifera</i>), Oriental Arborvitae Seed (<i>Platycladus orientalis</i>), Chinese Salvia Root (<i>Salvia miltiorrhiza</i>), Jujube Seed (<i>Ziziphus spinosa</i>)		
Melatonin	0.5 mg	†

† Daily Value not established.

Other Ingredients: Vegetarian capsule (hypromellose and water), tapioca flour, stearic acid, silicon dioxide, bamboo cellulose.



Manufactured exclusively for
Clinical Synergy Formulas
Santa Rosa, CA 95401
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Manufactured in the U.S.A.