

**DIRECTIONS:** Take 1 capsule daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.  
Protect from heat, light & moisture.  
Store in a cool, dry place.  
Do not purchase if seal is broken.

**MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 784



**BLUEPRINT STANDARDIZED HERBALS**

# Fenugreek

610 mg



**SUPPORTS OVERALL WELLNESS†**

**60 CAPSULES | HERBAL SUPPLEMENT**

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Fenugreek (seed) ( <i>Trigonella foenum-graecum</i> L.)	610 mg	*

\*Daily value not established.

Other ingredients: Gelatin, rice flour, magnesium stearate, and silica.

For more info, visit us at [www.windmillvitamins.com](http://www.windmillvitamins.com)

**NO SUGAR, STARCH, YEAST, WHEAT, MILK, ARTIFICIAL COLORS OR PRESERVATIVES**

**- Gluten Free -**

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