

DIRECTIONS: Take 1 capsule daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

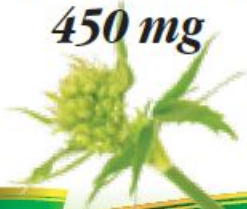
ITEM: 754 / TC: C393806N2



BLUEPRINT STANDARDIZED HERBALS

Valerian Root

450 mg



PROMOTES REST & RELAXATION†

60 CAPSULES | HERBAL SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%Daily Value
Valerian extract (root) (4:1 extract)(<i>Valeriana officinalis</i> L.) Equivalent to 1800 mg of whole herb	450 mg	*

*Daily value not established.

Other ingredients: Gelatin, calcium sulfate, magnesium stearate, silica and vanillin.

WARNING: Pregnant or lactating women should consult with their physician prior to taking this product.

For more info, visit us at www.windmillvitamins.com

NO SUGAR, WHEAT, MILK, SOY, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

- Gluten Free -

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