Supplement Facts

Serving Size 2 Soft Gels
Servings Per Container 30

	Amount Per Serving	% DV
Calories	25	
Total Fat	2.5 g	3%**
Cholesterol	<5 mg	1%
Protein	<1 g	
Vitamin E (as d-alpha tocopherol)	13.4 mg	89%
Norwegian Salmon Oil▲	2.5 g	†
Total Omega-3 Fatty Acids ☆	700 mg	†
EPA (Eicosapentaenoic Acid) ☆	250 mg	†
DHA (Docosahexaenoic Acid) ☆	230 mg	†
Omega-6 Fatty Acids (Linoleic Acid, Eicosadienoic Acid, Gamma-linolenic Acid, Dihomo-gamma-linolenic Acid) ☆	200 mg	†
Omega-7 Fatty Acids (Palmitoleic Acid) ☆	40 mg	†
Omega-9 Fatty Acids (Oleic Acid, Eicosenoic Acid, Nervonic Acid) ☆	600 mg	†
Astaxanthin	4 mcg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. ☆ Reported as triglycerides.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), natural mixed tocopherols. Contains fish (salmon, anchovy, sardine and mackerel).▲

▲Contains up to 30% anchovy, sardine and mackerel oils for higher EPA and DHA potency.

Carlson® **Providing the finest Norwegian omega-3s since 1982**

Salmon Oil Complete provides 15 different fatty acids, including omega-9, omega-7, omega-6, and the beneficial omega-3s EPA and DHA. It also naturally contains astaxanthin, which gives salmon its pink color, helps preserve freshness, and plays an important role in fighting free radicals.*

Directions: Adults: take two soft gels daily **at mealtime**.

✓ Gluten-free ✓ No Artificial Preservatives

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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IFOS®

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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