

BEST BEFORE:



### Yoga to Invite Tranquility

Sit cross-legged or in a chair with feet flat. Rest your right elbow on right knee. Lean your right cheekbone on the palm of your right hand.

Close your eyes and relax for 1 to 3 minutes.

Please ask your doctor if this exercise is suitable for you.



### Our story began

in 1969 when Yogi Bhan, an inspirational teacher of holistic living, started teaching yoga in the West. While sharing his wisdom and knowledge of herbs and healthy living, he would serve his students an aromatic spiced tea they affectionately named "Yogi Tea".

**CAFFEINE FREE**  
HERBAL SUPPLEMENT

16 TEA BAGS – NET WT 1.27 OZ (36g)



# Yogi®

## Egyptian Licorice®

WARMING AND NATURALLY SPICY-SWEET\*



### Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Proprietary Blend of Herbs:	2,219 mg	
Organic Licorice Root		†
Organic Cinnamon Bark		†
Organic Orange Peel		†
Organic Ginger Root		†
Organic Cardamom Pod		†
Organic Black Pepper		†
Organic Clove Bud		†

† Daily Value not established.

**Other Ingredients:** Organic Orange Flavor, Organic Cinnamon Bark Oil.

**WARNING:** Not recommended for use if you are pregnant or nursing. Consult your healthcare provider prior to use if you are taking any medication, if you have a medical condition or for daily use beyond 4-6 weeks.



East West Tea Company, LLC  
Eugene, OR 97402  
Certified Organic by QAI, Inc.



## Delight in the Royal Taste of Egyptian Licorice®

The great kings of Egypt treasured licorice root for its natural sweetness, rich flavor and soothing properties. We complement Licorice with warming Cinnamon and zesty Orange Peel for a unique and delectable tea. Enjoy a cup of Egyptian Licorice® tea for a tasty treat anytime, day or night.\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Get the most out of every cup. Bring water to boiling and steep 7 minutes. For a stronger tea, use 2 tea bags.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at [yogiproducts.com/doing-good](http://yogiproducts.com/doing-good).

