



# Carlson®

Wild Norwegian

# EcoSmart Omega-3

**1,000 mg Omega-3s  
Sustainable Source**



Natural  
Lemon  
Flavor

DIETARY SUPPLEMENT

✓ Heart Health\* ✓ Brain Function\* ✓ Vision Support\*

**180 Soft Gels**

*Carlson.* Providing the finest Norwegian omega-3s since 1982

## Supplement Facts

Serving Size 2 Soft Gels  
Servings Per Container 90

| Amount Per Serving                | % DV        |
|-----------------------------------|-------------|
| Calories                          | 20          |
| Total Fat                         | 2 g 3%**    |
| Cholesterol                       | 10 mg 3%    |
| Vitamin E (as d-alpha tocopherol) | 13.4 mg 89% |
| Norwegian Calamari Oil            | 2 g †       |
| Omega-3 Fatty Acids*              | 1,000 mg †  |
| DHA (Docosahexaenoic Acid)*       | 720 mg †    |
| EPA (Eicosapentaenoic Acid)*      | 280 mg †    |

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value (DV) not established. \*Reported as ethyl ester.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), natural lemon flavor, mixed tocopherols, sunflower oil. Contains calamari.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.  
Arlington Heights, IL 60004 USA • 888-234-5656  
www.carlsonlabs.com • An FDA Regulated Facility

**EcoSmart Omega-3** is an eco-friendly, Friend of the Sea-certified product that's made from highly sustainable species of calamari. EcoSmart Omega-3 provides 1,000 mg of omega-3s per serving, which support heart, brain, and vision health.\* EcoSmart Omega-3 is healthy for us and healthy for our Earth.

**Directions:** Adults: take two soft gels daily at mealtime.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

### PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCs international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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