DIETARY SUPPLEMENT

√ardiovascular Function* 🗸 Bone Health* 🗸 Immune Support* 180 Soft Gels

Carlson. Providing the finest Norwegian omega-3s since 1982

Supplement Facts

Serving Size 1 Soft Gel Servings Per Container 180

Amo	unt Per Serving	% DV
Calories	10	
Total Fat	1 g	1%**
Vitamin D (as cholecalciferol)	50 mcg (2,000 IU)	250%
Norwegian Fish Oil Concentrate	e 1 g	†
Total Omega-3 Fatty Acids®	700 mg	†
EPA (Eicosapentaenoic Acid)	400 mg	†
DHA (Docosahexaenoic Acid)	200 mg	†
Menaquinone (MK-7, Vitamin K2)	90 mcg	†

^{**} Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established. "Reported as triglycerides.

Directions: Adults: take one soft gel daily at mealtime.

Provide your body with the powerful nutrient trio of omega-3s, vitamin D3, and vitamin K2 as MK-7. The beneficial omega-3s EPA and DHA support heart, brain, vision, and joint health.* Vitamin D3 is critical for maintaining bone, teeth, muscle, and immune health.* MK-7 is the most bioactive vitamin K form and plays an important role in promoting bone and cardiovascular health.*

✓ Gluten-free ✓ No Artificial Preservatives

Warning: Vitamin K can antagonize the effect of anticoagulants including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants







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Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), sunflower oil, natural lemon flavor, natural mixed tocopherols, rosemary extract. Contains fish (anchovy, sardine, mackerel, jack mackerel).