



Norwegian Fish Oil Concentrate

Super DHA

500 mg DHA

Gems®



DIETARY SUPPLEMENT

✓ Brain Function* ✓ Vision Support* ✓ Joint Health*

60 Soft Gels

Carlson.

Providing the finest Norwegian omega-3s since 1982

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 60

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%**
Vitamin E (as d-alpha tocopherol)	6.7 mg	45%
Norwegian Fish Oil Concentrate	1 g	†
Total Omega-3 Fatty Acids*	640 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	100 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. * Reported as triglycerides.

Other Ingredients: Soft Gel Shell (beef gelatin, glycerin, water). Contains fish (anchovy, sardine, mackerel).

Directions: Adults: Take one soft gel daily at mealtime.

Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc.

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Super DHA Gems® provide the beneficial omega-3 DHA, which plays an important role in vision health.* DHA is prevalent in the retina, and the cells that make vision possible have more DHA than any other cells in our body. Provide optimal support for healthy eyes and vision with Super DHA Gems.*

✓ **Gluten-free**

✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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