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PhytoMulti® takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness.*

Directions: Take one to two tablets once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: Do not use if pregnant or nursing. Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day.

Caution: If you are taking medication, or other nutritional supplements consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

For more information: PhytoMulti.com

Certified



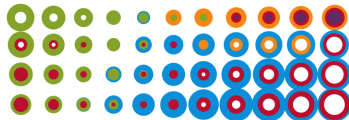
Gluten-Free

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Metagenics

PhytoMulti® with Iron

Redefine Your Health Potential*



Phytonutrients • Vitamins • Minerals

**DIETARY
SUPPLEMENT 60 TABLETS**

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (from mixed carotenoids and retinyl acetate).....	3,000 mcg 333%	Molybdenum (as molybdenum aspartate complex)	50 mcg 111%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg 133%		
Vitamin D (as cholecalciferol).....	25 mcg (1,000 IU)..... 125%	Proprietary Phytonutrient Blend of:	400 mg.....*
Vitamin E (as d-alpha tocopheryl succinate).....	67 mg 447%	Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee	
Vitamin K (as phytonadione USP)	120 mcg 100%	bean extract [standardized to 45% chlorogenic acid], pomegranate whole	
Thiamin (as thiamin mononitrate)	25 mg 2,083%	fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape	
Riboflavin.....	15 mg 1,154%	seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry	
Niacin (as niacinamide and niacin).....	50 mg 313%	(<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and	
Vitamin B ₆ (as pyridoxine HCl).....	25 mg 1,471%	15% anthocyanins], green tea leaf extract [standardized to 60% catechins	
Folate (as calcium L-5-methyltetrahydrofolate)†	1,360 mcg DFE..... 340%	and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized	
Vitamin B ₁₂ (as methylcobalamin)	200 mcg 8,333%	to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon	
Biotin.....	500 mcg 1,667%	(<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood	
Pantothenic Acid (as calcium D-pantothenate).....	75 mg 1,500%	extract [standardized to 6% catechins], rosemary extract [standardized to 7.6%	
Choline (as choline bitartrate)	25 mg 5%	min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin	
Iron (as ferrous bis-glycinate)	18 mg 100%	and chlorogenic acid]	
Iodine (as potassium iodide)	150 mcg 100%	Myo-Inositol.....	25 mg.....*
Magnesium (as magnesium citrate)	40 mg 10%	Resveratrol (from <i>Polygonum cuspidatum</i> root extract).....	10 mg.....*
Zinc (as zinc citrate)	15 mg 136%	Lutein.....	6 mg.....*
Selenium (as selenium aspartate).....	100 mcg 182%	Lycopene.....	6 mg.....*
Copper (as copper citrate).....	1 mg 111%	Zeaxanthin.....	2 mg.....*
Manganese (as manganese citrate)	0.5 mg 22%		
Chromium (as chromium polynicotinate).....	200 mcg 571%		

* Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].

MANUFACTURED BY: METAGENICS, GIG HARBOR, WA 98332 • 800 692 9400 • METAGENICS.COM

† As Metafolin®, Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.