



Carlson



Omega Complete ^{Gems™}

Omega-3-6-9

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Joint Function* ✓ Immune Support*

90 Soft Gels

Supplement Facts

Serving Size 2 Soft Gels
Servings Per Container 45

	Amount Per Serving	% DV
Calories	30	
Total Fat	3 g	4%**
Protein	<1 g	
Vitamin D (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopherol)	134 mg	893%
Norwegian Fish Oil Concentrate	666 mg	†
Total Omega-3 Fatty Acids*	400 mg	†
EPA (Eicosapentaenoic Acid)*	266 mg	†
DHA (Docosahexaenoic Acid)*	134 mg	†
Omega-6 (Gamma Linolenic Acid from borage seed oil)*	400 mg	†
Omega-9 (Oleic Acid from borage seed oil)*	300 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), soybean oil, natural mixed tocopherols. Contains fish (anchovy, sardine and mackerel).

Directions: Adults: take two soft gels once daily at mealtime.

Omega Complete Gems™ provide a balanced, multiple omega formula that blends fish oil and borage seed oil. Each serving provides omega-3s, omega-6, and omega-9, plus 2,000 IU (50 mcg) of vitamin D3 to promote heart, joint, and immune system health.*

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

✓ Gluten-free ✓ No Artificial Preservatives

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

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