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Herbulk® features 7 grams of dietary fiber per serving. This powdered formula is designed to support healthy intestinal function, and offers support for those who want to promote healthy bowel motility.*

Directions: Blend, shake, or briskly stir 1 scoop (10 grams) of Herbulk into 8-12 ounces of water, juice, or other beverage, or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: As many individuals have an insufficient intake of fiber, consider reducing consumption to one quarter to one half scoop and gradually increase over the course of one week for improved tolerance.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Herbulk®



orange flavor
with other natural flavors

PRACTITIONER EXCLUSIVE

Gluten-Free

Dietary Supplement
NET WT. 10.58 oz (300 g)

Non-GMO

Supplement Facts

Serving Size 1 Scoop (10 g)		
Servings Per Container 30		
	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	8 g	3%*
Dietary Fiber	7 g	25%*
Soluble Fiber	2 g	
Insoluble Fiber	5 g	
Vitamin C	90 mg	100%
Sodium	10 mg	<1%
*Percent Daily Values are based on a 2,000 calorie diet.		

Ingredients: Oat hull fiber, psyllium husk powder, citric acid, natural flavors,† ascorbic acid, Luo Han Guo fruit (monk fruit) extract, and beta-carotene (color).

MANUFACTURED BY: METAGENICS
GIG HARBOR, WA 98332 • 800 692 9400 • METAGENICS.COM

†No MSG

NOTICE: TAKE THIS PRODUCT AS RECOMMENDED WITH AT LEAST A FULL GLASS OF LIQUID. TAKING WITHOUT ENOUGH LIQUID MAY CAUSE CHOKING. DO NOT EAT THIS PRODUCT IF YOU HAVE DIFFICULTY IN SWALLOWING.