

Carlson®

Lutein & Greens

20 mg

DIETARY SUPPLEMENT

✓ Vision Support* ✓ Eye Function* ✓ Antioxidant*

60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving		% DV
Vitamin A (as beta carotene)	30 mcg RAE	3%
Lutein (as trans-lutein) [Extracted from marigolds (<i>Tagetes erecta</i>)(flower)]	20 mg	†
Zeaxanthin [Extracted from marigolds (<i>Tagetes erecta</i>)(flower)]	1,500 mcg	†
† Daily Value (DV) not established.		

Other Ingredients: Organic kale powder, spirulina (*Arthrospira platensis*) powder, hypromellose capsule, magnesium stearate (veg.), microcrystalline cellulose.

Directions: Adults: take one capsule daily at mealtime. Color variations naturally occur.

✓ No Artificial Preservatives
✓ Milk/Casein-free

Lutein & Greens contains 20 mg of lutein along with naturally-occurring zeaxanthin in a base of kale and spirulina. Lutein and zeaxanthin are major carotenoids found in the retina's macular region, an area vital to healthy vision. Kale and spirulina support and promote optimal vision and healthy immune system function.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

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