



M·S·M Sulfur

1,000 mg • Superior Bioavailability

DIETARY SUPPLEMENT

✓ Joint Function* ✓ Connective Tissue Support* ✓ Healthy Skin*

90 Vegetarian Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

	Amount Per Serving	% Daily Value
MSM [▲] (methylsulfonylmethane)	1,000 mg	†
Sulfur	330 mg	†

† Daily Value not established.

Other Ingredients: Hypromellose capsule.

Directions: Adults: take one capsule up to six times daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



▲ OptiMSM® is a registered trademark of Bergstrom Nutrition

Mineral depletion in the soil and mineral loss through food preparation make it difficult for us to get an adequate amount of sulfur. Carlson **MSM Sulfur** from OptiMSM® is a highly bioavailable form of sulfur that's found in many of our body's tissues. It supports joint health by helping to maintain healthy connective tissue and is an important component of skin, hair, and nail proteins.*

✓ **Gluten-free**

✓ **No Artificial Preservatives**

POTENCY & QUALITY GUARANTEED

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