



# Carlson®

## Chewable Iron

30 mg • Superior Absorption

DIETARY SUPPLEMENT

✓ Blood Health\* ✓ Energy Production\* ✓ Optimal Wellness\*

60 Tablets



Natural  
Strawberry  
Flavor

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

|                                    | Amount Per Serving | % DV  |
|------------------------------------|--------------------|-------|
| Calories                           | 5                  |       |
| Total Carbohydrate                 | 1 g                | <1%** |
| Total Sugars                       | 1 g                | †     |
| Includes 1g Added Sugars           |                    | 2%**  |
| Iron (from iron glycinate chelate) | 30 mg              | 167%  |

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value not established

Other Ingredients: Sugar, fructose, xylitol, microcrystalline cellulose, silicon dioxide, citric acid, stearic acid (veg.), natural flavors.

**Directions: Adults:** chew two tablets daily at mealtime.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Iron is an essential mineral found within red blood cells that is necessary for the delivery of oxygen to every cell of our body.\* **Chewable Iron** comes in delicious strawberry flavor and contains iron chelated to the amino acid glycine for superior absorption.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

✓ Gluten-free ✓ No Artificial Preservatives

**POTENCY & QUALITY GUARANTEED**

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