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**Mag Citrate™** is a blend of magnesium citrate and calcium citrate that provides nutritional support for healthy muscle function.\*

Magnesium is a cofactor in many enzymatic reactions. It also plays a role in bone health.\*

**Directions:** Take three tablets once daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** Consult your healthcare practitioner if taking other nutritional supplements or medications. Keep out of the reach of children.

**Warning:** If loose stools occur, stop use and notify your healthcare practitioner.

**Tamper Evident:** Do not use if safety seal is missing or broken.

**Storage:** Keep tightly closed in a cool, dry place.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# Mag Citrate™

Healthy Muscle Function\*

DIETARY  
SUPPLEMENT

120 TABLETS

PRACTITIONER EXCLUSIVE

## Supplement Facts

Serving Size 3 Tablets

Servings Per Container 40

|                                     | Amount Per Serving | % Daily Value |
|-------------------------------------|--------------------|---------------|
| Total Carbohydrate                  | <1 g               | <1%*          |
| Dietary Fiber                       | <1 g               | 3%*           |
| Calcium<br>(as calcium citrate)     | 60 mg              | 5%            |
| Magnesium<br>(as magnesium citrate) | 300 mg             | 71%           |

\*Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

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