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MetaFiber® is a blend of oat hull and apple fiber, providing 6 grams of dietary fiber per serving. This low-allergy-potential fiber blend is designed to support healthy intestinal transit time and bowel regularity, and offers support for those with occasional constipation.* MetaFiber is great for those who are sensitive to psyllium, wheat, corn, or citrus.

Directions: Blend, shake, or briskly stir about 1 level scoop (8 grams) of MetaFiber into 8 fluid ounces of juice or other beverage as directed by your healthcare professional.

This product is non-GMO, gluten-free, and vegetarian.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



MetaFiber®

Fiber targeted to support GI regularity*

PRACTITIONER EXCLUSIVE

Gluten-Free

Dietary Supplement
NET WT. 10.72 oz (304 g)

Non-GMO

Supplement Facts

Serving Size 1 Level Scoop (8 g)
Servings Per Container 38

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	7 g	3%*
Dietary Fiber	6 g	21%*
Insoluble Fiber	6 g	
Sodium	10 mg	<1%
*Percent Daily Values are based on a 2,000 calorie diet.		

Ingredients: Oat hull fiber and apple fiber.

MANUFACTURED BY: METAGENICS
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