

During times of extreme stress, such as intense exercise, our body depletes glutamine levels quicker than it can replenish them. This can limit protein production, resulting in muscle breakdown. **L-Glutamine** promotes muscle tissue production and aids in repairing and rebuilding muscle.*

Warning: Do not take if you are pregnant or lactating.

POTENCY & QUALITY GUARANTEED

Distributed by Carlson Division of
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An FDA Regulated Facility



6826-1d



L-Glutamine Powder

Free Form Amino Acid

DIETARY SUPPLEMENT

✓ Muscle Tissue Production* ✓ Muscle Function* ✓ Immune Support*

Net Wt. 35 oz (2.2 lb) (1,000 g)

Carlson Providing the highest quality
nutritional supplements since 1965

Supplement Facts

Serving Size 1 Teaspoonful
(1 level enclosed scoopful - 3 g)
Servings Per Container About 333

	Amount Per Serving	% DV
L-Glutamine	3 g (3,000 mg)	†
† Daily Value (DV) not established.		

Directions: Adults: take one teaspoonful (one level scoopful) daily mixed into food or liquid. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free**
✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

This container has been carefully filled by weight to contain 1,000 grams, which is 1 kilogram or 35 ounces, and does not completely fill the container. This amount fills approximately 3/4 of the container.