



Carlson®

L-Glutamine Powder

Free Form Amino Acid

DIETARY SUPPLEMENT

✓ Muscle Tissue Production* ✓ Muscle Function* ✓ Immune Support*

Net Wt. 3.53 oz (100 g)

Supplement Facts

Serving Size 1 Teaspoonful (1 level enclosed scoopful - 3 g)

Servings Per Container About 33

	Amount Per Serving	% DV
L-Glutamine	3 g (3,000 mg)	†

† Daily Value (DV) not established.

Directions: Adults: take one teaspoonful (one level scoopful) daily mixed into food or liquid. Keep bottle tightly closed. Store away from heat and moisture.

✓ Gluten-free ✓ No Artificial Preservatives

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson®

Providing the highest quality nutritional supplements since 1965

During times of extreme stress, such as intense exercise, our body depletes glutamine levels quicker than it can replenish them. This can limit protein production, resulting in muscle breakdown. **L-Glutamine** promotes muscle tissue production and aids in repairing and rebuilding muscle.*

Warning: Do not take if you are pregnant or lactating.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

This product is sold by weight not volume.

