

SOURCE NATURALS®

**VEGAN
FORMULA**



DIETARY SUPPLEMENT

B-12 FAST MELT™

**METHYLCOBALAMIN
FOR ENERGY AND NERVE HEALTH***

5 MG • 30 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-12 (as methylcobalamin)	5 mg	208,333%

Other ingredients: mannitol, microcrystalline cellulose, hydroxypropyl cellulose, modified cellulose gum, natural black cherry and peach flavors, magnesium stearate, citric acid, and stevia extract.

Suggested Use: 1 tablet daily. Place in mouth, allow tablet to dissolve, and swallow.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians and vegans. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, salt, preservatives, or artificial color, flavor or fragrance.

B-12 FAST MELT™ contains an active coenzyme form of vitamin B-12 instead of the more commonly available cyanocobalamin form. B-12 FAST MELT is a quick-dissolving and easily absorbed Coenzymated™ form of vitamin B-12 for energy and nerve health support. Vitamin B-12 is normally found in meat, seafood, eggs and dairy. B-12 FAST MELT is an excellent source of B-12 for vegans and older adults. Persons over 60 tend to have less stomach acid, resulting in less absorption of B-12. The FAST MELT formulation compensates with easy B-12 absorption. B-12 is essential for healthy function of red blood cells, regulation of normal homocysteine levels and the production of SAME, the body's main methyl donor.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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