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Meta-Sitosterol™ 2.0 is a naturally derived vegetable preparation featuring enhanced levels of a balanced concentrate of plant sterols—2 grams per day—which may help to maintain healthy blood cholesterol levels already within the normal range. The National Institutes of Health recommends a healthy diet, along with the consumption of 2 grams of plant sterols daily, to promote cardiovascular health. Also features the active, preferred form of folate (L-5-methyltetrahydrofolate) to support healthy homocysteine metabolism and cardiovascular health.*

Directions: Take one tablet with each meal or as directed by your healthcare practitioner.

This product is gluten-free and vegetarian.

Caution: Keep out of the reach of children.

Do not refrigerate (Refrigeration may cause moisture condensation).



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Meta-Sitosterol™ 2.0

Plant Sterol Complex for Support
of Healthy Cholesterol Levels*

DIETARY
SUPPLEMENT

90 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 90

Per Serving (1 Tablet)		Per Day (3 Tablets)	
Amount	% Daily Value	Amount	% Daily Value
Total Carbohydrate		<1 g	<1%*
Dietary Fiber		<1 g	3%*
Folate	445 mcg DFE 111%	1,330 mcg DFE	333%
Beta-sitosterol	333 mg **	1,000 mg	**
Campesterol	167 mg **	500 mg	**
Stigmasterol	92 mg **	275 mg	**
Other Plant Sterols	117 mg **	350 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Plant sterol complex (soy), microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and calcium L-5-methyltetrahydrofolate†

Contains: Soy.

MANUFACTURED BY: METAGENICS
GIG HARBOR, WA 98332 • 800 692 9400
METAGENICS.COM

†As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.
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