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MethylCare® is a comprehensive formula that features calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate—along with N-acetyl-L-cysteine, vitamins B_6 and methylated B_{12}, and betaine HCl. Together, these nutrients support methylation, which promotes healthy homocysteine metabolism.*

Directions: Take 2 capsules once daily, or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Caution: If pregnant or nursing, or taking medications, please consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

Certified GF Gluten-Free

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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Metagenics®

MethylCare®

Support for Healthy Methylation & Homocysteine Metabolism*

DIETARY SUPPLEMENT 120 CAPSULES

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 2 Capsules†
Servings Per Container 60

	Amount Per Serving	% Daily Value
Riboflavin	1.6 mg	123%
Vitamin B_6 (as pyridoxine HCl)	25 mg	1,471%
Folate (as calcium L-5-methyltetrahydrofolate)††	1,330 mcg DFE	333%
Vitamin B_{12} (as methylcobalamin)	1,000 mcg	41,667%
Zinc (as zinc citrate)	1.5 mg	14%
Manganese (as manganese citrate)	0.4 mg	17%
Molybdenum (as molybdenum glycinate)	15 mcg	33%
N-Acetyl-L-Cysteine	600 mg	*
Betaine HCl	500 mg	*

*Daily Value not established.

Other Ingredients: Capsule (hydroxypropylmethylcellulose), silicified microcrystalline cellulose, stearic acid (vegetable), magnesium stearate (vegetable), and silica.

MANUFACTURED BY: METAGENICS
GIG HARBOR, WA 98332 • 800 692 9400
METAGENICS.COM

†Vegetarian capsules.
††As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany