

Solgar's Full Potency Herbs include traditional herbal extracts in a base of active raw herbs to ensure that the full benefits are derived from the herbs. These products combine the advantages of both raw herbs and their active principles in the form of dry extracts. Our herbal formulas are specially prepared to include all the naturally occurring, synergistic constituents of the herb and not just selected, isolated active phytochemicals. Solgar's herbal products offer the highest quality, purest herbs available worldwide.

To assure freshness and potency, store at room temperature 15°-30°C (59°-86°F). Store away from heat, light and moisture.

Formulated for adults.

**Keep out of reach of children.**

Solgar's KOF-K certification #K-1250

Carefully Manufactured By:  
Solgar Vitamin and Herb  
Leonia, N.J. 07605 U.S.A.

For more information, call toll-free  
1-877-SOLGAR 4.



# GOTU KOLA

(*Centella asiatica*)

**DIETARY SUPPLEMENT**



**100 VEGETABLE CAPSULES**  
SUITABLE FOR VEGETARIANS



## Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule		%DV
Calcium †	25 mg	3%
Iron †	1 mg	6%
Gotu Kola Extract (4:1) [leaf]	40 mg	*
Raw Gotu Kola Powder [leaf]	400 mg	*

\*Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Water. May contain vegetable glycerin.

**SUGGESTED USE:** As a dietary supplement for adults, one (1) to three (3) vegetable capsules daily, preferably at mealtimes, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

This product is free of sugar, salt, corn, yeast, wheat, soy and dairy products and is formulated without the use of preservatives, flavors or colors of any kind.

† Naturally occurring; therefore amount may vary.

**DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.**

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[www.solgar.com](http://www.solgar.com)

**FULL POTENCY HERBS**

