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This product is non-GMO and gluten-free.

Warning: It is recommended that children under the age of four years should not regularly consume more than 2,500 IU of preformed vitamin A (retinyl acetate) per day.



Multigenics® Chewable is a great-tasting vitamin and mineral supplement, designed specifically for children and for adults who prefer a chewable tablet. Multigenics® Chewable features a broad spectrum of essential vitamins and mineral amino acid chelates designed for excellent nutrient bioavailability. This unique formula is kid-tested; with outrageous orange flavor, ratio-balanced B vitamins, and Caro-xan®—a proprietary blend of beta-carotene and Betatene® mixed carotenoids.

Directions: Children 2 to 4 years: Take one tablet daily. Children 4 to 7 years: Take one tablet one to two times daily. Children over 7 and adults: Take one tablet three times daily or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.



Multigenics® Chewable

Outrageous Orange Flavor

DIETARY
SUPPLEMENT

90 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container 90

Amount Per Serving

% Daily Value
for Children Under
4 Years of Age

% Daily Value
Adults and Children
4 or more Years of Age

Calories.....	5		
Total Carbohydrate.....	1 g	**	<1%*
Sugars.....	<1 g	**	**
Sugar Alcohol.....	<1 g	**	**
Vitamin A [50% (1,250 IU) as retinyl acetate and 50% (1,250 IU) as beta-carotene and mixed carotenoids]	2,500 IU	100%	50%
Vitamin C (as magnesium ascorbate and ascorbic acid)	100 mg	250%	167%
Vitamin D (as cholecalciferol)	100 IU	25%	25%
Vitamin E (as d-alpha tocopheryl acetate)	20 IU	200%	67%
Thiamin (as thiamin mononitrate)	1.4 mg	200%	93%
Riboflavin.....	1.6 mg	200%	94%
Niacin (as niacinamide)	20 mg	222%	100%
Vitamin B6 (as pyridoxine HCl)	1.4 mg	200%	70%
Folate (as calcium L-5-methyltetrahydrofolate)*†	300 mcg	150%	75%
Vitamin B12 (as methylcobalamin)	6 mcg	200%	100%
Biotin.....	38 mcg	25%	13%
Pantothenic Acid (as calcium D-pantothenate)	10 mg	200%	100%
Calcium (as calcium citrate malate)	15 mg	2%	2%
Iron (as iron glycinate)	2 mg	20%	11%
Iodine (as potassium iodide)	70 mcg	100%	47%
Magnesium (as magnesium citrate and magnesium ascorbate)	15 mg	8%	4%
Zinc (as zinc gluconate)	2 mg	25%	13%
Copper (as copper gluconate)	0.1 mg	10%	5%
Manganese (as manganese aspartate)	0.2 mg	**	10%

Quercetin.....2 mg.....**
Mixed Carotenoids.....825 mcg.....**
(including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)

*Percent Daily Values are based on a 2,000 Calorie diet.
**Daily Value not established.

Other Ingredients: Fructose, xylitol, sorbitol, stearic acid (vegetable), natural flavors, silica, guar gum, mono- and diglycerides, malic acid, and citric acid.

MANUFACTURED BY: METAGENICS

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*Caro-xan®, a proprietary blend of beta-carotene and Betatene® mixed carotenoids.
†As Metafolin®, Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany.