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Exogenous Ketones, in the form of beta-hydroxybutyrate (β HB) salts, rapidly induce acute ketosis within 15 minutes[†] and support ketogenic program goals.*

[†]Acute ketosis occurs when blood ketone levels temporarily rise above 0.5 millimoles per liter.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Directions: Dissolve one scoop (19 g) in 12 ounces of water. Take one serving per day or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Take only as directed under the direction of a licensed healthcare practitioner. Not for use in patients with severe or chronic kidney disease, hypothyroidism, hyperparathyroidism, hyper or hypophosphatemia.

Caution: Not to be taken if pregnant or nursing. If taking medications, consult your healthcare practitioner before use. Each serving provides 1,740 mg of sodium. Do not exceed one serving per day. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.



Exogenous Ketones

Induces acute ketosis within 15 minutes*[†]



berry blast flavor
with other natural flavors

PRACTITIONER EXCLUSIVE

Gluten-Free
Non-GMO

Dietary Supplement
NET WT. 9.38 oz (266 g)

β -Hydroxy-
butyrate

Supplement Facts

Serving Size 1 Scoop (19 g)
Servings Per Container About 14

Amount Per Serving	% Daily Value	
Calories	60	
Total Carbohydrate	1 g	<1%*
Calcium (from calcium beta-hydroxybutyrate)	520 mg	40%
Magnesium (from magnesium beta-hydroxybutyrate)	40 mg	10%
Sodium (from sodium beta-hydroxybutyrate)	1,740 mg	76%
beta-Hydroxybutyrate (bHB) (from a blend of sodium beta-hydroxybutyrate, calcium beta-hydroxybutyrate, and magnesium beta-hydroxybutyrate)	11.7 g	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Citric acid, gum acacia, rebaudioside A (from *Stevia rebaudiana* leaf extract), natural flavors,[^] silica, and beet powder (color).

MANUFACTURED BY: METAGENICS
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[^]No MSG