Fenugreek Plus® features concentrates of three highly valued herbs traditionally used to support healthy glucose metabolism.* The unique, odorless extract of fenugreek is highly concentrated for ease of use.

Directions: Take two capsules twice daily with six to eight ounces of water before meals, or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: If you are being treated for heart disease, diabetic, taking medication, or if pregnant or nursing, consult your healthcare practitioner before use. Keep out of the reach of children.

Certified GF Gluten-Free

NON GMO Project VERIFIED nongmoproject.org

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Metagenics®

Fenugreek Plus®

Herbal Support for Healthy Glucose Metabolism*

DIETARY SUPPLEMENT

60 CAPSULES

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Total Carbohydrate	1 g	<1%*
Fenugreek Seed 6.5:1 Extract† (*Trigonella foenum-graecum*) [standardized to 70% galactomannans]	1 g	**
Bitter Melon Fruit 10:1 Extract (*Momordica charantia*)	152 mg	**
Gymnema Leaf Extract (*Gymnema sylvestre*) [standardized to 25% (25 mg) gymnemic acids]	100 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Capsule (hypromellose), microcrystalline cellulose, silica, magnesium stearate (vegetable), and croscarmellose sodium.

MANUFACTURED BY: METAGENICS
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†Equivalent to 6,500 mg raw, dried, unprocessed herbs.