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EZ Flex® features high potency B vitamins as well as magnesium, and the herb turmeric in a formula designed to nutritionally support muscle tissue health.*

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

Certified



Gluten-Free

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

PRACTITIONER EXCLUSIVE

DIETARY
SUPPLEMENT

EZ Flex®

Nutritional Support for
Muscle Health*

Metagenics®

60 TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value
Riboflavin.....	36 mg2,769%
Niacin (as niacinamide).....	250 mg1,563%
Vitamin B ₆ (as pyridoxine HCl).....	50 mg2,941%
Folate.....	665 mcg DFE166%
(as calcium L-5-methyltetrahydrofolate) [†]	
Vitamin B ₁₂ (as methylcobalamin).....	200 mcg8,333%
Magnesium.....	50 mg12%
(as magnesium bis-glycinate)	

Turmeric (*Curcuma longa*).....100 mg*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, croscarmellose sodium, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

MANUFACTURED BY: METAGENICS
GIG HARBOR, WA 98332 • 800 692 9400

[†]As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany