



Carlson

Magnesium

350 mg

DIETARY SUPPLEMENT

✓ Cardiovascular Support* ✓ Muscle Function* ✓ Nerve Health*

90 Capsules

Carlson Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

	Amount Per Serving	% Daily Value
Magnesium (from magnesium oxide)	350 mg	83%

Other Ingredients: Beef gelatin capsule, magnesium stearate (veg.), microcrystalline cellulose.

Directions: Adults: take one capsule daily at mealtime. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free**
✓ **No Artificial Preservatives**

DO NOT ACCEPT IF CLEAR BAND AROUND BOTTLE
NECK AND CAP IS DAMAGED OR MISSING.

Magnesium is an essential mineral, important for many vital body functions. Magnesium is responsible for proper heart rhythm, nervous system function, and the normal utilization of calcium and potassium.* It may naturally help promote and maintain regular bowel elimination.*

POTENCY & QUALITY GUARANTEED

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.