

Carlson

Hair, Skin & Nails Gummies

Biotin • Collagen • Antioxidants

DIETARY SUPPLEMENT

✓ Healthy Hair* ✓ Vibrant Skin* ✓ Strong Nails*

60 Gummies

*Natural
Mixed Berry
Flavor*

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

	Amount Per Serving	% DV**
Calories	20	
Total Carbohydrate	4 g	1%**
Total Sugars	3 g	†
Includes 3 g Added Sugars		6%**
Vitamin C (as ascorbic acid)	80 mg	89%
Vitamin E (from d-alpha tocopheryl acetate)	14 mg	93%
Biotin (as d-biotin)	3,000 mcg	10,000%
Zinc (from zinc citrate)	5 mg	45%
Selenium (from sodium selenite)	55 mcg	100%
Hydrolyzed Collagen Types 1 & 3	50 mg	†
** Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value (DV) not established.		

Other Ingredients: Water, tapioca syrup, sugar, pectin, sodium citrate, tapioca starch, citric acid, natural flavors, vegetable juice for color, sunflower oil, carnauba wax, maltodextrin.

Hair, Skin & Nails Gummies provide biotin, collagen, and a variety of powerful antioxidants to promote healthy, beautiful hair, skin, and nails.* The gummies have a delicious mixed berry flavor, with hints of strawberries, blackberries, blueberries, and raspberries, making it easier than ever to nourish our natural beauty from within.*

Directions: Adults: chew two gummies daily. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free**
✓ **No Artificial Preservatives**

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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