



Carlson

Cal-Mag Gels

2:1 Calcium to Magnesium Ratio

DIETARY SUPPLEMENT

✓ Bone Support* ✓ Energy Production* ✓ Muscle Function*
250 Soft Gels

Carlson. Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 250

	Amount Per Serving	% DV
Calories	5	
Total Fat	0.5 g	1%**
Vitamin D (as cholecalciferol)	12.5 mcg (500 IU)	63%
Calcium (from calcium carbonate)	200 mg	15%
Magnesium (from magnesium oxide)	100 mg	24%

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Sunflower oil, soft gel shell [beef gelatin, glycerin, water, titanium dioxide (for color)], soy lecithin, beeswax.

Directions: Adults: take one soft gel daily at mealtime. Keep bottle tightly closed.

Cal-Mag provides calcium and magnesium in the preferred 2:1 ratio. Calcium promotes strong, healthy bones and teeth.* Magnesium supports a healthy metabolism and muscle function.* Vitamin D3 is added for enhanced calcium absorption.*

✓ **Gluten-free** ✓ **Milk/Casein-free**
✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**



5172-1d