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E Complex-1:1™ is an unesterified vitamin E formula that features d-alpha-tocopherol combined with a mixed tocopherol blend, achieving a one-to-one ratio of alpha- to gamma-tocopherols. This unique formula is designed to provide the antioxidant benefits that come from consuming a comprehensive family of tocopherols.*

Directions: Take two softgels daily with a meal or as directed by your healthcare practitioner.

This product is gluten-free.

Caution: Keep out of the reach of children. If pregnant or nursing, or taking other nutritional supplements or medication, consult your healthcare practitioner before use.

Storage: Keep tightly closed in a cool, dry place. This product is manufactured in a facility that produces products containing wheat, gluten, milk, egg, soy, tree nuts, fish, and crustacean shellfish.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



E Complex-1:1™

1:1 Ratio of Alpha- and
Gamma-Tocopherols

DIETARY
SUPPLEMENT

60 SOFTGELS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin E (d-alpha-tocopherol)	268 mg	1,787%
gamma-Tocopherol	270 mg	*
delta-Tocopherol	98 mg	*
beta-Tocopherol	6 mg	*

*Daily Value not established.

Ingredients: Mixed tocopherols, d-alpha-tocopherol, gelatin, glycerin, soybean oil, and water. **Contains: Soy.**

DISTRIBUTED BY: METAGENICS
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