

Carlson®

Multi Gummies

A, B, C, D, E & K Vitamins
+ Minerals

Natural
Raspberry
Flavor

DIETARY SUPPLEMENT

Immune Support* ✓ Energy Production* ✓ Optimal Wellness*

120 Vegetarian Gummies

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

No synthetic colors • No synthetic sweeteners • No artificial flavors • No artificial preservatives • No high fructose corn syrup

Supplement Facts

Serving Size 4 Gummies
Servings Per Container 30

	Amount Per Serving	% DV
Calories	30	
Total Carbohydrate	8 g	3%**
Total Sugars	6 g	†
Includes 6 g Added Sugars		12%**
Vitamin A (as vitamin A palmitate)	900 mcg RAE	100%
Vitamin C (as ascorbic acid)	90 mg	100%
Vitamin D (as cholecalciferol)	20 mcg	100%
Vitamin E (as d-alpha tocopheryl acetate)	15 mg	100%
Vitamin K1 (as phytonadione)	120 mcg	100%
Vitamin B1 (Thiamin) (from thiamine mononitrate)	1.2 mg	100%

	Amount Per Serving	% DV
Vitamin B2 (Riboflavin)	1.3 mg	100%
Niacin (as niacinamide)	16 mg	100%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	100%
Folate (240 mcg folic acid)	400 mcg DFE	100%
Vitamin B12 (as cyanocobalamin)	2.4 mcg	100%
Biotin (as d-biotin)	30 mcg	100%
Pantothenic acid (from calcium d-pantothenate)	5 mg	100%
Iodine (from potassium iodide)	150 mcg	100%
Zinc (from zinc citrate)	5.5 mg	50%
Chromium (from chromium chloride)	35 mcg	100%
Molybdenum (from sodium molybdate)	45 mcg	100%

** Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value (DV) not established.

Other Ingredients: Tapioca syrup, sugar, pectin, purified water, citric acid, natural flavors (raspberry, stevia leaf extract), tapioca starch, sodium citrate, vegetable juice for color, sunflower oil, carnauba wax, maltodextrin.

Directions: Adults: chew 4 gummies daily.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • An FDA Regulated Facility

Warning: Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.



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