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Niatain® features a high quality form of nicotinic acid in an extended release formula designed to reduce the flushing normally associated with niacin intake. It has been formulated with a non-wax coating for effective dissolution. For decades, niacin has been extensively researched and endorsed as support for healthy lipid metabolism.*

Directions: Take one tablet with a meal one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Niacin use may be associated with itching and/or flushing.

Warning: Do not use if pregnant or breastfeeding or if you have a history of gout or liver dysfunction. Larger than recommended doses of niacin have been associated with liver dysfunction. If taking cholesterol lowering medications, please discuss with your clinician prior to use.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Metagenics®

NEW FORMULA

Niatain®

Support for Healthy
Lipid Metabolism*

**DIETARY
SUPPLEMENT**

60 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value	
Niacin (as nicotinic acid)	500 mg	3,125%
Calcium (as dicalcium phosphate)	40 mg	3%
Phosphorus (as dicalcium phosphate)	30 mg	2%

Other Ingredients: Microcrystalline cellulose, hydroxypropyl-methylcellulose, magnesium stearate (vegetable), coating (hydroxypropylmethylcellulose, medium-chain triglycerides, and hydroxypropylcellulose), and silica.

MANUFACTURED BY: METAGENICS
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