



Carlson®

Vitamin K₂

MK-7 (Menaquinone-7) • 45 mcg

DIETARY SUPPLEMENT

✓ Bone Support* ✓ Cardiovascular Function* ✓ Calcium Bioavailability*

180 Soft Gels

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 180

Amount Per Serving		% DV
Vitamin K ₂ [as MK-7 (menaquinone-7)]	45 mcg	†
† Daily Value (DV) not established.		

Other Ingredients: Safflower oil, soft gel shell (beef gelatin, glycerin, water, carob), sunflower oil.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

Warning: Vitamin K can antagonize the effect of anti-coagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

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Vitamin K₂ as MK-7 (menaquinone-7), derived from chickpeas, plays a role in several important functions beyond supporting healthy blood clotting, including promoting bone and cardiovascular system health.* Vitamin K helps direct calcium to where our body needs it most, and MK-7 is the most bioactive form.*

Directions: Adults: take one soft gel daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

POTENCY & QUALITY GUARANTEED



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