


Carlson®

Cardio Complete™

Advanced Cardiovascular Multi

DIETARY SUPPLEMENT

✓ Cardiovascular Support* ✓ Circulatory Health* ✓ Antioxidant*

180 Tablets

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Cardio Complete is a multivitamin and mineral formula specially designed to provide the most beneficial heart nutrients in one convenient supplement.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 60

	Amount Per Serving	% DV
Vitamin A (as 100% beta carotene)	900 mcg RAE	100%
Vitamin C (from calcium ascorbate)	600 mg	667%
Vitamin D (as cholecalciferol)	22.5 mcg	113%
Vitamin E (from d-alpha tocopheryl succinate)	201 mg	1,340%
Thiamin (Vitamin B-1) (from thiamin mononitrate)	30 mg	2,500%
Riboflavin (Vitamin B-2)	30 mg	2,308%
Niacin (as 15 mg nicotinic acid & 84.9 mg niacinamide)	99.9 mg	624%
Vitamin B-6 (as pyridoxine HCl)	30 mg	1,765%
Folate (300 mcg folic acid)	500 mcg DFE	125%
Vitamin B-12 (as cyanocobalamin)	150 mcg	6,250%
Biotin	150 mcg	500%
Pantothenic Acid (from d-calcium pantothenate)	30 mg	600%
Calcium (from calcium ascorbate, calcium bis-glycinate chelate, d-calcium pantothenate & dicalcium phosphate)	84 mg	6%

Other Ingredients: Microcrystalline cellulose, carob, croscarmellose sodium, magnesium stearate, silicon dioxide, rice flour, ethylcellulose, food glaze, lutein (extracted from marigolds (*tagetes erecta*)(flower)).

✓ **Gluten-free** ✓ **No Artificial Preservatives**

KEEP BOTTLE TIGHTLY CLOSED AND AWAY FROM MOISTURE AND HEAT.

POTENCY & QUALITY GUARANTEED

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

	Amount Per Serving	% DV
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium glycinate chelate & magnesium oxide)	150 mg	36%
Zinc (from zinc glycinate chelate)	12 mg	109%
Selenium (from selenomethionine)	105 mcg	191%
Copper (from copper glycinate chelate & copper carbonate)	1 mg	111%
Manganese (from manganese glycinate chelate)	3 mg	130%
Chromium (from chromium nicotinate)	120 mcg	343%
Molybdenum (from molybdenum glycinate chelate)	60 mcg	133%
Potassium (from potassium chloride)	50 mg	**
L-Arginine (from L-arginine HCl)	60 mg	†
L-Carnitine (from L-carnitine tartrate)	150 mg	†
Lysine (from L-lysine HCl)	150 mg	†
L-Proline	150 mg	†
Boron (from boron glycinate chelate)	1.5 mg	†
Co-Enzyme Q10	15 mg	†

† Daily Value (DV) not established. **Contains < 2 percent of the Daily Value of potassium.

Directions: Adults: take three tablets once or twice daily at **mealttime**. Tablet color variations naturally occur. This formula is prepared to disintegrate over a period of up to 1 hour.



4201-5a