Carlson

Niacin•Time®

Timed-Release Niacin

500 mg

DIETARY SUPPLEMENT

✔ Energy Production* ✔ Heart Health* ✔ Nerve Function*

500 Tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 500

	Amount Per Serving	% Daily Value
Niacin (as nicotinic acid)	500 mg	3,125%

Other Ingredients: Stearic acid, microcrystalline cellulose, carnauba wax, hydroxypropylcellulose, magnesium stearate, silicon dioxide.

Directions: Adults: take one tablet daily **at mealtime**. Consult your physician before exceeding recommended use. Keep bottle tightly closed. Store away from heat and moisture.

Warning: Do not take if you are pregnant or lactating. Do not take if you have low blood pressure without first consulting your physician.

✔ Gluten-free

✔ No Artificial Preservatives

°If flushing or itching occurs, drinking 1 or 2 glasses of water may alleviate symptoms.

Niacin (vitamin B-3) is an essential B vitamin that's important for properly metabolizing fat and fat-like substances, such as cholesterol.* Niacin supports energy production, and healthy cardiovascular and nervous system function.*

Niacin may cause flushing or itching, but Niacin-Time® is prepared to minimize or eliminate these side effects by providing a gradual release of Niacin over a period of several hours. Please be aware that a flush may occur.° Taking this product with warm fluids may enhance this effect.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

0 88395 02795 6

2795-2h