



# Gamma E·Gems<sup>®</sup>

**Gamma Tocopherol**  
**465 mg**

DIETARY SUPPLEMENT

✓ Heart Health\* ✓ Antioxidant\* ✓ Optimal Wellness\*

**60 Soft Gels**

*Carlson.* Providing the highest quality nutritional supplements since 1965

## Supplement Facts

Serving Size 1 Soft Gel  
Servings Per Container 60

| Amount Per Serving                 |        | % DV |
|------------------------------------|--------|------|
| Vitamin E (as d-alpha tocopherol)  | 100 mg | 667% |
| Gamma Tocopherol                   | 465 mg | †    |
| Delta & Beta Tocopherols           | 200 mg | †    |
| † Daily Value (DV) not established |        |      |

Other Ingredients: Sunflower oil, soft gel shell (beef gelatin, glycerin, water), soybean oil.

**Directions:** Adults: take one soft gel once or twice daily **at mealtime.**

✓ **Gluten-free**

✓ **No Artificial Preservatives**

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Gamma E-Gems<sup>®</sup>** provide gamma tocopherol, one of four vitamin E tocopherols. It is recognized as a powerful antioxidant that supports our body's natural defense system and protects us from nitrogen oxide.\*

### POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.  
Arlington Heights, IL 60004 USA • 888-234-5656  
[www.carlsonlabs.com](http://www.carlsonlabs.com) • An FDA Regulated Facility



0866-4b