

Recommended Dosage: As a dietary supplement, take 1-2 tablets of Cascara Sagrada Extract with a glass of water or juice. For optimum results, use this product with other Wachters' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION. DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children

NOTICE: This product contains cascara sagrada root. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

Cascara Sagrada Extract is an exclusive scientific formulation consisting of a standardized extract of aged Cascara Sagrada Bark. This has been used for centuries in Chinese Medicine to aid in stimulation of the large intestine and tone the muscles of the digestive system.*

* This Statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure or prevent any disease.

This product is intended for occasional use and is not intended to treat chronic constipation. This, like all of our products, contains the Wachters' Exclusive Blend of Sea Vegetation®, a unique combination comprising up to 15 different species of the highest quality sea vegetation from around the world, which serves as a synergistic activator of the other ingredients in this product, thereby enhancing their effectiveness.

WACHTERS'



Herb-A-Sea™

Cascara Sagrada Extract

(*Rhamnus purshianus*)

Dietary Supplement
90 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

	Amount Per Serving	% Daily Value
Proprietary Blend consisting of:	300 mg	*
Cascara Sagrada Bark Standardized Extract (<i>Rhamnus purshianus</i>)		*
Wachters' Exclusive Blend of Sea Vegetation®		
Chlorophyll		

* Daily Value not established

"Wachters' Exclusive Blend of Sea Vegetation"® is a registered trademark of Wachters' Organic Sea Products, and is an exclusive combination of multi-marine plant sources.

Wachters' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of Cascara Sagrada Extract.

Manufactured By Wachters' Organic Sea Products

550 Sylvan Street, Daly City, CA 94014

To report a serious adverse event or obtain product information, call 1-800-682-7100

www.wachters.com

Made in U.S.A.
Code # 4230