



Gamma E•Gems®

Gamma Tocopherol
465 mg

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

120 Soft Gels

Carlson. Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 120

Amount Per Serving		% DV
Vitamin E (as d-alpha tocopherol)	100 mg	667%
Gamma Tocopherol	465 mg	†
Delta & Beta Tocopherols	200 mg	†
† Daily Value (DV) not established		

Other Ingredients: Sunflower oil, soft gel shell (beef gelatin, glycerin, water), soybean oil.

Directions: Adults: take one soft gel once or twice daily **at mealtime.**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Gamma E-Gems® provide gamma tocopherol, one of four vitamin E tocopherols. It is recognized as a powerful antioxidant that supports our body's natural defense system and protects us from nitrogen oxide.*

✓ **Gluten-free**

✓ **No Artificial Preservatives**

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**



0861-4b