



Carlson®

E·Gems®

400 IU (268 mg) Vitamin E
with Tocopherols & Tocotrienols

Elite

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

60 Soft Gels

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 60

Amount Per Serving		% DV
Vitamin E (as d-Alpha Tocopherol)	268 mg	1,787%
d-Gamma Tocopherol	100 mg	†
d-Beta & d-Delta Tocopherol	40 mg	†
Total Tocotrienols (from Palm Oil)(<i>Elaeis guineensis</i>)(fruit)	20 mg	†
† Daily Value (DV) not established		

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), sunflower oil, soybean oil.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
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Vitamin E is a powerful antioxidant that helps protect our body from free radical damage.* **E-Gems® Elite** blends the entire vitamin E family, including eight forms of tocopherols and tocotrienols.

Directions: Adults: take one soft gel once or twice daily **at mealtime.**

✓ **Gluten-free**
✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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